

# Journey of the Soul

## Session 4 - Thirsting, Sustaining, Waking, Longing, Blessing, Singing

### Thirsting of the Soul

*My soul thirsteth for God, for the living God: when shall I come and appear before God? Psalm 42:2*

נָחַץ *ṣâmê'*; a primitive root; to thirst (literally or figuratively): — (be a-, suffer) thirst(-y). AV (10) - thirst 5, athirst 2, thirsty 1, suffer thirst 1, suffer thirst 1;

Are you thirsty? Is your soul feeling a little dry! Thirst after the Lord. He will “plump” up your soul.

### Sustaining the Soul

*Behold, God is mine helper: the Lord is with them that uphold my soul. Psalm 54:4*

יָמַד *sâmaḵ*; a primitive root; to prop (literally or figuratively); reflexively, to lean upon or take hold of (in a favorable or unfavorable sense): — bear up, establish, (up-)hold, lay, lean, lie hard, put, rest self, set self, stand fast, stay (self), sustain. AV (48) - lay 18, uphold 9, put 5, lean 3, stay 3, sustained 3, holden up 1, borne up 1, established 1, stand fast 1, lieth hard 1, rested 1, set 1;

God holds me up! He sustains me! I am so thankful for him.

## Waking the Soul

***Awake up, my glory; awake, psaltery and harp: I myself will awake early.  
Psalm 57:8***

עור 'ûr; a primitive root (rather identical with 5783 through the idea of opening the eyes); to wake (literally or figuratively): — (a-)wake(-n, up), lift up (self), x master, raise (up), stir up (self).

AV (81) - (stir, lift....) up 40, awake 25, wake 6, raise 6, arise 1, master 1, raised out 1, variant 1;

to rouse oneself, awake, awaken, incite

Awake! I need to wake my soul! God longs for us to be alive as He intended us to be.

## Longing of the Soul

***My soul longeth, yea, even fainteth for the courts of the LORD:  
my heart and my flesh crieth out for the living God. Psalm 84:2***

h3700. אָסַפַּךְ kâsap; a primitive root; properly, to become pale, i.e. (by implication) to pine after; also to fear: — (have) desire, be greedy, long, sore.

AV (6) - desire 2, long 2, greedy 1, sore 1;

to long for, yearn for, long after

When is the last time we “fainted” for the thought of going to church :). We need to long for God.

## Blessing with Soul

***Bless the LORD, O my soul:  
and all that is within me, bless his holy name. Psalm 103:1***

h1288. בָּרַךְ bârak; a primitive root; to kneel; by implication to bless God (as an act of adoration), and (vice-versa) man (as a benefit); also (by euphemism) to curse (God or the king, as treason): — x abundantly, x altogether, x at all, blaspheme, bless, congratulate, curse, x greatly, x indeed, kneel (down), praise, salute, x still, thank.

AV (330) - bless 302, salute 5, curse 4, blaspheme 2, blessing 2, praised 2, kneel down 2, congratulate 1, kneel 1, make to kneel 1, misc 8;

With all that is within me Bless His Holy Name! I love this!

## Singing of the Soul

***O God, my heart is fixed;  
I will sing and give praise,  
even with my glory. Psalm 108:1***

h7891. שִׁיר šyr; or (the original form) שׁוּר shur (1 Sam. 18:6), shoor; a primitive root (identical with 7788 through the idea of strolling minstrelsy); to sing: — behold (by mistake for 7789), sing(-er, -ing man, -ing woman).

AV (87) - sing 41, singer 37, singing men 4, singing women 4, behold 1;

I sing because I'm happy! I sing because I'm free!  
His eye is on the sparrow, and I know he watches me!