

Breath of the Soul

Genesis 2:7

And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.

Read Devotion

He formed us with his hands.
He made us in his likeness.
He gave us his very breath.

Breath

h5397. נְשָׁמָה nešâmâ; from 5395; a puff, i.e. wind, angry or vital breath, divine inspiration, intellect. or (concretely) an animal: — blast, (that) breath(-eth), inspiration, soul, spirit.

Life

h2416. חַי hay; from 2421; alive; hence, raw (flesh); fresh (plant, water, year), strong; also (as noun, especially in the feminine singular and masculine plural) life (or living thing), whether literally or figuratively: — + age, alive, appetite, (wild) beast, company, congregation, life(-time), live(-ly), living (creature, thing), maintenance, + merry, multitude, + (be) old, quick, raw, running, springing, troop.

Soul

h5315. נֶפֶשׁ nepeš; from 5314; properly, a breathing creature, i.e. animal of (abstractly) vitality; used very widely in a literal, accommodated or figurative sense (bodily or mental): — any, appetite, beast, body, breath, creature, x dead(-ly), desire, x (dis-)contented, x fish, ghost, + greedy, he, heart(-y), (hath, x jeopardy of) life (x in jeopardy), lust, man, me, mind, mortally, one, own, person, pleasure, (her-, him-, my-, thy-)self, them (your)-selves, + slay, soul, + tablet, they, thing, (x she) will, x would have it.

Definition of Soul

1. the spiritual or immaterial part of a human being or animal, regarded as immortal.

Biblical References to the Soul

Ezekiel 18:4

Behold, all souls are mine; as the soul of the father, so also the soul of the son is mine: the soul that sinneth, it shall die.

Ecclesiastes 12:7

Then shall the dust return to the earth as it was: and the spirit shall return unto God who gave it.

Psalm 146:4

His breath goeth forth, he returneth to his earth; in that very day his thoughts perish.

John 4:24

God is a Spirit: and they that worship him must worship him in spirit and in truth.

Job 32:8

But there is a spirit in man: and the inspiration of the Almighty giveth them understanding.

Romans 8:11

But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

Soul Searching on this Ash Wednesday

1. Our soul came from God. We should give it rest, feed it, protect it.
2. Our soul will be with us until God calls it back to him. Our soul will live within our mortal bodies. It is encased by our bodies; therefore, we should protect and care for our bodies as much as we can. For without our mortal body, the soul cannot live here. We were sent here for a purpose.
3. Our soul is alive on this earth for a purpose, or maybe multiple purposes. We should ask ourselves each day what that purpose is. Why did God lend you and me his breath?